



SUMMER BREAK QIGONG PRACTICE

Don't miss this opportunity to get some Qigong practice in over the Summer Break

Saturday 13 January 2018
2.30pm to 3.30pm
Yarraville Gardens
147 Hyde Street, Yarraville

The classes will be conducted near the entrance gate in Hyde Street.
IF IT IS RAINING (i.e. POURING), CLASSES WILL BE CANCELLED.



Parking

There is plenty of free parking in Hyde Street and Harris Street.

Public Transport

If you are travelling by public transport you can get a train to Yarraville station and the gardens are a 10 minute walk or catch the 409 Bus along Hyde Street.

Make sure you bring a hat, sunscreen and water.

This session is designed to help you keep up with your Qigong practice and to ask any questions before the new term resumes in February.

Anyone more than welcome to attend

Cost is \$10.00 per hour payable on the day

If you need any help, please ring Peter on 0430 093 546